

# Raymond Wayne Whitted MD, MPH

dedicated to healthy lifestyles and safe, state-of-the-art, innovative surgery for women of all ages. because quality is an experience!

### R. Wayne Whitted MD, MPH

Diplomate, ABOG

Certified in Advanced Laparoscopy Certified in Advanced Hysteroscopy Certified Menopause Clinician Certified Bone Densitometrist

Certified Researcher Certified Wartime Surgery

#### **COMPREHENSIVE GYNECOLOGY &** MINIMALLY INVASIVE SURGERY

Abnormal Pap Smears Advanced Colposcopy Abnormal Periods Bladder Prolapse Chronic Pelvic Pain Endometriosis **Ectopic Pregnancy** Family Planning Fibroids Genital Warts Immunizations Loss Of Urine Menopause

- Risk AssessmentSupport Series Ovarian Cysts Rectocele Surgical Gynecology
- Hysteroscopy
- LaparoscopyVaginal SurgerySurgical Support Series Uterine Prolapse Vaginal Prolapse Vaginal Infections Vulvodynia/Vestibulitis Well-Woman

#### **AESTHETIC GYNECOL-**OGY

Botox

Vaginal Rejuvenation

### OFFICE PROCEDURES

Hysteroscopy LEEP cone biopsy Cryosurgery Dilation and Curettage Ultrasound Urodynamics/Bladder Studies Heel Density Scan

#### **COMPREHENSIVE** RESEARCH

Laparoscopy Hysteroscopy Menopause Women's Health

#### **EDUCATORS**

Community Programs CME Programs Surgical Preceptor

#### **MEMBERSHIPS**

Obstetrics and Gynecology Gynecologic Laparoscopy Bone Densitometry Colposcopy and abnormal paps Physician Executives Honor Medical Society Best Doctors

## **CONE BIOPSY**

### **Post-Operative Instructions**

You have had a procedure referred to as a Cone Biopsy of the Cervix (opening of the womb). In this procedure a cone portion of the cervix was remove to treat dysplasia.

It is normal to have a bloody discharge for several weeks after the procedure.

It is recommended that you:

- 1. Abstain from sexual intercourse for 3 (three) weeks after the procedure.
- Minimize physical activities for 2 days.
- No aerobics for one (1) week.
- 4. No tampons until your second period after this procedure.

Notify our office if you have heavy bleeding (changing a pad every hour), fever > 100.5, severe cramping

Thank you for taking care of your health! Date: \_\_\_